

## Integration week

**When you arrive at our university you can take part in the UPJV integration week. Guaranteed to help you settle in!**

### What is the integration week?

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The International Relations Department, in partnership with the FLE Centre (French as a Foreign Language Centre), organises an annual welcome programme for international students before the start of the academic year in September, whether they are registered via an exchange programme or as individuals.

The integration week is an opportunity to welcome international students and to give them the keys to a successful period of study at the UPJV. Extra-curricular activities, methodology courses and intensive French courses are offered.

**The objective of this welcome programme is threefold:**

1. to facilitate administrative formalities and understanding of the French university system
2. to accelerate linguistic integration thanks to intensive French courses where new students can become familiar with note-taking tools, [the digital work environment](#) and way to look [for books in the library](#)
3. to allow the newcomers to get to know their new living and working environment (the university and its campuses and services, the city of Amiens, the Hauts-de-France region, etc.)

At the end of this integration week, the participating students are given an official certificate of participation.

### Integration throughout the year

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A series of events is organised by the International Relations Department throughout the year to help you settle in and facilitate your integration:

International Thursdays (CV workshop, cover letter, presentation of the UPJV)  
Sharing and meeting people events  
Sports Saturdays  
Virtual guided tours of Amiens and the Hauts-de-France region

**For more information, please contact**

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