

## Culture and sports

**The UPJV promotes and supports the development of its students and staff by facilitating access to culture and taking part in artistic and sporting activities. For a healthy mind in a healthy body!**

Throughout the year and on all the campuses, the UPJV's departments strive to make culture and sport accessible to all. Whether you are a student or a researcher, there are many free activities on offer: taking part in a sport or an artistic activity, artistic creation, access to conferences, exhibitions, shows...

Beyond the walls of the university, benefit from reduced rates at our local or national social-cultural partners!

### Culture

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#### You are a student

**Within the university, cultural life is coordinated and run by the Culture and Creation Department (S2C) which offers you:**

Artistic workshops: theatre, writing, comics, dance, music, DJ, video jazz, screen printing, classical music and singing with the Orchestra and University Choir of Picardy

Support for artistic or cultural creation: logistical, technical and financial support for the realisation of your project

Free shows: artistic proposals hosted at the university (exhibitions, conferences, live shows, etc.)

High points in connection with local and national cultural events: Amiens International Film Festival, Springtime with Poetry (Printemps des Poètes), Celebration of Music (Fête de la musique), Arts and Culture Day, etc.

All our cultural partners' shows at the single price of €5 and access to VIP events thanks to the "Student Life Passport"

**Immediate boarding for French culture, with the UPJV Culture and Creation Department "Student Life" passport!**

By simply registering, your student card becomes a pass! This pass allows you to benefit from a single rate of €5 on all shows in the partner cultural structures of the Hauts-de-France region. A small price to experience a rich and varied cultural immersion!

The pass also gives you free access to VIP events and activities:

visits

meetings with artists

introduction to dance, theatre or computer-assisted music, etc.

**[List of partner cultural structures](#)**

**To register:** [info.culture@u-picardie.fr](mailto:info.culture@u-picardie.fr)

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### Are you interested in science?

Numerous conferences and exhibitions are organised throughout the year by the research teams and the UPJV's "Scientific Culture" unit. [The university libraries](#) also enrich the university's scientific cultural programme.

Check [the calendar of events online!](#)

### You are a researcher

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Like the students of the university, you can attend free of charge the shows and conferences organised by the Culture et Creation Department, the research units, the libraries and the university "Scientific Culture" unit.

Check [the calendar of events online!](#)

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The Staff Welfare Department (2SP) offers you reduced rates on cinema screenings, organised cultural outings, participation in various fairs (agriculture fair, digital fair, etc.)...

Good to know: for €1, the Inter-Entreprises Club card allows you to benefit from advantageous rates on your leisure activities, holidays, shows, etc.

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**Contact:** [s2c@u-picardie.fr](mailto:s2c@u-picardie.fr) - [info.culture@u-picardie.fr](mailto:info.culture@u-picardie.fr)  
Culture & Creation Department - UPJV  
Citadelle - 10 rue des Français libres, 80080 Amiens

## Sports

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### You are a student

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**The University Department for Physical and Sports Activities (SUAPS) offers free access to all UPJV students on the various campuses:**

A value-added sport participation (acquisition of a 0.1 point bonus on your average marks)  
Participation in sport for leisure to learn to control your body and look after your health  
Training and coaching for competitions, with the help of the JV Sport Association and the Regional University Sports Committee (CRSU).

Registration for SUAPS activities is done on the UPJV website via the Digital Workspace (ENT) at the beginning of each semester.

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Athletics  
choreographic workshops  
badminton  
basketball  
French boxing  
circuit training

dance  
climbing  
football  
futsal  
gymnastics  
handball  
judo  
weight training  
swimming  
rugby  
self-defence  
step tennis  
table tennis  
volleyball  
cross training and pilates...

## You are a researcher

The University Physical and Sports Activities Service (SUAPS) of the UPJV offers staff a number of free sports activities during the lunch break (between 12 noon and 2pm).

Weight training, Nordic walking, body sculpt, circuit training, relaxation, yoga...

Dynamism and good humour guaranteed!

Registration for courses is done at the beginning of the semester via the Digital Workspace (ENT) or by e-mail.

### Do you want to take part in a sport outside the UPJV?

The Staff Welfare Department helps finance your activity with sports coupons. Think about it! **For more information, please contact:** [2sp@u-picardie.fr](mailto:2sp@u-picardie.fr)

**Do you want to follow the SUAPS news and courses online? Subscribe on** <https://www.facebook.com/UPJV.SUAPS/>

**For more information, please contact:** [suaps@u-picardie.fr](mailto:suaps@u-picardie.fr)